



2023 RMF High School Spring Football League (Coaches Information)



Regina Minor Football hopes to run our RMF Spring Football League as it was before Covid. It is for players attending High School in grade 9, 10, or 11, who has played RMF or High School Football. The league will run from April 10th – May 17th.

We are now accepting applications for the Head Coaching Positions and Assistant Coaches. Although this will be a huge commitment it is extremely rewarding. Coaches will be working with some of the best players from Regina and surrounding area who have played RMF and High School Football.

Head Coach & Staff – Deadline to apply is February 28th. Applications are open to anyone who has coached RMF, High School, Junior or CIS Football. Head Coaches are asked to apply and include a staff of 5 Assistant Coaches. Each coaching staff selected will be allowed to protect a maximum of 2 players. Coaches must be the brother, father or legal guardian of these 2 players. The RMF Coaches Committee will select four Head Coaches with their staffs and may add additional coaches to each staff. Head Coaching positions are open to any Coach. We will try to announce the coaches early in March.

Assistant Coaches – Deadline to Apply is February 28th. Assistant Coaches may apply as an individual or be included on a Head Coach's list (don't need to do both). Any and all Assistant Coaches that apply will be considered. If a HC and his staff are not selected, they will be considered when we add coaches to each staff. The RMF Coaches Committee will select the assistant coaches that may be added to a staff. Coaching staff's will be responsible for helping with equipment hand out, equipment return and cleaning night, evaluation and skill practices and must prepare practice plans for all two hour practices. The practices booked by RMF will be the only allowed practices or sessions with the players.

Use the link below to register online:

[Coaches Application for High School Spring League \(reginaminorfootball.ca\)](https://www.reginaminorfootball.ca)

Any questions feel free to contact me on my cell.
Len Antonini – 535-4111