



2023 RMF  
Spring Football League  
(Football Saskatchewan ID Camp)



Regina Minor Football Spring Football League is for players attending High School. The league will be open to any person in grade 9, 10, or 11, who has played RMF or High School Football. The league will run from April 10 – May 17.

**Registration deadline is March 31, 2023.** The total cost is \$300.00 and must be included with a player's registration form. The Total cost includes RMF Spring League Registration and League Fee, Football Sask ID Camp registration fee, practice jersey, practice pants, practices and games on artificial turf.

RMF equipment is available to players in grade 9 & 10, and can be picked up on March 22<sup>nd</sup> or March 29<sup>th</sup>. Practice pants will be supplied and used for games and practices. Players are responsible for their own girdles and knee pads (available for purchase when drawing equipment). There will be 4 evaluation practices\*\*. Coaches will then draft between 40-44 players to each RMF Spring League Team. Team practices will start April 17<sup>th</sup>. All teams will have 5 practices, and then play their first game April 27<sup>th</sup>. All teams will then practice on Mondays and Tuesdays before each subsequent game on Wednesday May 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup>.

**Players will be expected to attend all practices and games.** If you plan to play competitive Baseball or attend Hockey tryout sessions in the spring, participation in the spring league may be difficult. Players will be asked to include the position played and 1(only) preferred position when registering. This may or may not be the position players will be playing in the league. Players not placed on a team will be refunded \$200.00.

Our evaluation will be run in conjunction with Football Sask. Regina ID Camp fee is included in the \$300 registration fee so you don't need to register for the Regina ID Camp with Football Sask.

*\*\*FYI –Football Sask plans to run ID Camps across the province this spring. Players can attend any and as many ID camps as they want. Players are evaluated and ID'd for Football Sask. Elite Programs. "Performance testing" camps, which will be run like the NFL/CFL combine camps, may also be available to all players. For information and to register for these camps go to [www.footballsaskatchewan.ca](http://www.footballsaskatchewan.ca)*

Any questions feel free to contact me on my cell.

Len Antonini – 306-535-4111